



Dupont Circle Village

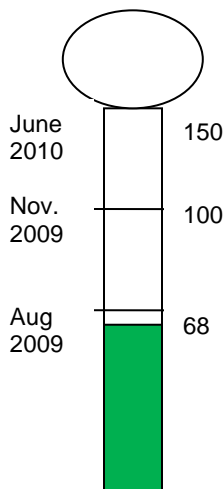
Special Interest Articles:

- Village hires first executive director
- Spotlight on Member Lucille Frohling
- DCV Lends Helping Hand
- Budget Update

We're Almost There



21 New Members Since June!



Dupont Circle Village is a nonprofit neighborhood organization that connects residents to each other and to health and well-being services and cultural and social activities.

Village Hires Its First Executive Director

The growing Village takes a big step forward as it hires its first executive director, Amy Gyau-Moyer (pronounced *Jao-Moyer*). Amy is an experienced advocate for seniors who specializes in health care administration along with public relations and communications skills.



Amy Gyau-Moyer

"I am committed to the growth of the Dupont Circle Village and excited about increasing awareness of our vibrant aging initiative," she said. "I see this effort as one of the key answers to an aging population."

In her previous position Amy was the marketing outreach specialist for a federal program geared toward seniors and

their caregivers. Her experience includes budgetary and financial oversight and she is knowledgeable about payer sources such as Medicare, Medicaid, and third party insurances.

Just as important, Amy enjoys working with people and looks forward to working with members and volunteers to provide better services and expanded programs.

Amy graduated from the University of Maryland University College with an

MS in management with a concentration in public relations.

She will spearhead the Village's membership drive, help to develop an endowment program, and work on volunteer training. Amy officially assumed the part-time position on August 10, although she immediately began to delve into issues and attended her initial board meeting her first day on the job.

"Ms. Gyau-Moyer's appointment is a significant step forward for the Dupont Circle Village," president Peggy Simpson says, "and we are excited about working with her. We know Amy will take this Village to a new level of activity and outreach."

Membership Campaign Yields Gains

The Village enrolled 21 new members since June, bringing our total membership to 68.

Congratulations to everyone who worked so hard. However, we are still a little short of our

goal of 75 members by the end of summer.

Aided by our new executive director and your help, we hope to meet our target soon. Please pitch in and help us meet our goal.

Can you host a get-together at your house? Or make a phone call on our behalf? Contact Amy at 202-436-5252

The Village Needs Your Friends!



Lucille Frohling

Member Lucille Frohling: Actress/Songbird Extraordinaire

For the past 15 years, Lucille has been employed by the prestigious National Theatre Outreach Program. She is regularly booked into retirement homes where she entertains seniors with Broadway tunes.

She also has her own company, "Cabaret Capers," singing duets with a male partner. Her partner just retired—any talented male singers out there who would like to audition?

Her acting gigs range from drama to comedy. She has appeared at the Source Theatre, Washington Shakespeare Company and the Petrucci Dinner Theatre.

Additionally, her interests range from being a horse racing fan, Redskins fanatic, ballroom dancer, yoga/gym enthusiast and history buff. Her early influences were Ethel Merman and Julie Andrews. She "doesn't love" most contemporary music, but says Jennifer Hudson (*Dreamgirls*) and England's sensation, Susan Boyle, are exemplary. Her fantasy duet partner would be Tony Bennett because he is "older but still going strong." Look who's talking! We think Tony's female counterpart is right here in Dupont Circle Village.

Judy duBerrier

News Notes



□ DCV's volunteer Webmaster **Seth Art** and his fiancée **Emily** plan an August wedding. Board member Abigail Wiebenson was host to a celebratory dinner for them and for volunteer **Nikola Agatic**, who is beginning graduate school at Johns Hopkins. Seth says, "I am so happy to have a skill that is needed to further such a good cause." Nikola, featured in an earlier newsletter, plans to return to Washington for weekends and has offered to continue to help the Village when possible.

We wish them good luck and express our appreciation for all their hard work on behalf of the Village.



Front from left: Abigail Wiebenson, Mary Braden, Peggy Simpson, Marilyn Newton. Back from left: Seth Art and Nikola Agatic.

□ New member **Linda Rosch** wants to start a "night owl coffee group." She begins work at midnight and is looking for Villagers who would like to get together for coffee or tea between

9-11:30 pm. "I'd like to meet interesting people for discussions about the arts, music, dance—also I love figure skating," Linda reports. Interested members should contact her at roschorama@gmail.com.

Bike-riders **Carol Galaty**, **Linda Dunyon** and **Abigail Wiebenson** are looking for new recruits for their group. Contact Abigail (abigail.wiebenson@gmail.com) or Linda (linarch@verizon.net) for more info.

The board offers much appreciation to **Judy duBerrier** for her stint as our volunteer coordinator. She took over from **Elaine Rand** when she went in for double knee surgery early this summer. Elaine had taken over from **Rich Busch**, who helped us work with volunteers during our "soft launch" stage. All three helped greatly while we recruited enough members to afford to hire an executive director who now will be in charge of volunteers as well as serve as the board's primary contact with members. Thanks to all of them!

Drivers Needed

DCV needs additional volunteer drivers, particularly to get people to and from medical appointments. If you can help out with this, please contact Amy Gyau-Moyer, 202-436-5252.

DCV Lends a Helping Hand and Green Thumb

On top of managing her husband Gil Hill's rehabilitation after serious injuries resulting from a fall, DCV member Carol Galaty had to deal with a flooded basement after a sewer backup. In order to fix it, the District government had to tear up their garden, leaving a muddy rectangle behind.

DCV member and neighbor Judy duBerrier stepped in to lend a hand and organized another rehab, this time in the garden.

With help from Carol's gardener, DCV volunteers Judith Neibrief and Charlie Ellis, Carol and Gil's daughter Elise and son Drew, the



The garden before and after

garden was replanted, a tree replaced, and Gil will see a beautiful garden waiting for him when he is able to return home.

Judy reports the work began at 9 in the morning and "by 1 pm, everything was finished. I am so grateful to the volunteers who pitched in with very short notice."

Carol reports that Gill is making slow but steady progress and appreciates the many cards, letters and good wishes from friends and neighbors.

Exercise Classes for Seniors

There is an ongoing exercise class for seniors at Balance Sports & Fitness at 2200 California Street, NW (behind the Our Lady of the Americas Church) held every Monday and Wednesday at 9:30 am.

The class stresses flexibility, balance, motion and weights and costs \$18 for a one-hour class. The first class is free.

Call Graham King or Mark Crick, 202-549-3867, for additional information.

Mark Your Calendar



September 10

Yoga Class for Seniors, Jewish Community Center, 3 pm. Participants must register first with Judy duBerrier (judydubерrier@verizon.net). It's first come, first served!

September 16

Volunteer Orientation Session, The Apolline Condominium, 1330 New Hampshire Avenue, NW 7-9 pm. Members, volunteers and people interested in DCV's work are invited.

September 22

"The Nude in American Art," at the Smithsonian American Art Museum. The 1 pm tour for DCV members/volunteers will be led by SAAM docent and board member Mary Braden. Meet in the lobby off G Street, NW. The building is between F and G Streets and 7th and 9th Streets, NW. Exit from Metro's red line at Gallery Place at 9th Street. Wheelchairs are available and there is a ramp at the G Street entrance.

Village Night Out: Piano Jazz at the Madison!

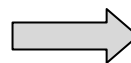
Put on your jazziest clothes and join us on Wednesday, August 19 from 6:30-9 pm. The Village has booked 10 seats to hear spectacular jazz musicians at the Madison Hotel's elegant Carlton room. There is a \$10 cover charge and you order drinks and/or food on your own.

Fabulous jazz pianist Dick Morgan and well-known bassist Dave Einhorn will be playing

that night as part of the series developed by Elana Byrd, sister-in-law of the late Charlie Byrd.

Contact Amy Gyau-Moyer at 202-436-5252, email: contact@dupontcirclevillage.org.

See also: "The Nude in American Art" noted in the *Calendar* column.



Update: DCV Grants and Budget

The Good News

DCV has successfully met its matching \$15,000 DC Office of Aging grant and we anticipate receiving the full amount at the completion of the grant in October. A special thanks to treasurer Mary Braden who has overseen the process and worked so productively with DCOA.

The Not So Good News

DCV was awarded a \$25,000 grant from the District for FY 2010. However, because revenue has plummeted far below projections in the current economic crisis, nearly all grants have been cut or sharply reduced. The DCV grant approved in May was eliminated at a recent Council meeting.

What Now?

DCV's new executive director and the finance committee headed by Nancy Hartsock are working on creating an endowment and also seeking increased sources of income to supplement membership fees.

Dupont Circle Village

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Executive Board:

Peg Simpson, president
Abigail Wiebenson,
secretary
Mary Braden, treasurer
Nancy Hartsock
Caroline Mindel
Iris Molotsky
Marilyn Newton
Elaine Rand
Bradley Runyan

Executive Director

Amy Gyau-Moyer

DCV President Testifies Before DC Council

Below are excerpts from President Peggy Simpson's testimony before the DC Council in support of retaining grants.

The Village concept is little more than a decade old but already shows great promise in enabling people to "age in place" as a viable option to an institutional setting. In our startup Dupont Circle Village, we are offering free services through volunteers and a growing number of activities to enable our Villagers to "age in community."

This means a lot. It means Villagers can contribute their talents and energy to the larger community. They meet new neighbors at a pot luck dinner. They join with others to see plays at local theaters. All of that lessens their isolation.

Many Villagers also volunteer. Our computer problem-solvers, for instance, range in age from 25 to 75. As of now, we have more than 50 volunteers who are helping Villagers from everything to free handyman repairs to running errands and troubleshooting problems.

Our Villagers patronize local businesses, eat at neighborhood cafes, and go to local museums. Staying healthy and active is great for an individual Villager; it also can greatly reduce demands on District services at a time when they are stressed.

We know our efforts will go a long way to make it possible for people to remain at home, to preserve this rich mix of people in our neighborhood. We appeal to you to restore the proposed cuts.

Board Welcomes New Executive Director to Her First Meeting



From left: Amy Gyau-Moyer, Mary Braden, Abigail Wiebenson, Marilyn Newton, Nancy Hartsock